

**PRESS RELEASE**

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**Members of Waqf-e-Nau From Bangladesh have Honour of a Virtual Meeting with the Head of the Ahmadiyya Muslim Community**

*“Always try to strengthen your bond with Khilafat” – Hazrat Mirza Masroor Ahmad*

On 30 January 2021, the World Head of the Ahmadiyya Muslim Community, the Fifth Khalifa (Caliph), His Holiness, Hazrat Mirza Masroor Ahmad held a virtual online meeting with over 135 male members of the Waqf-e-Nau Scheme from Bangladesh.

His Holiness presided the meeting from his office in Islamabad, Tilford, whilst the Waqf-e-Nau members joined from the Darut Tabligh Mosque complex in Dhaka, which serves as the National Headquarters of the Ahmadiyya Muslim Community in Bangladesh.



The event started with the recitation of the Holy Quran, followed by a poem and sayings of the Holy Prophet Muhammad (*peace and blessings be upon him*) and the Promised Messiah (*peace be upon him*).

For the rest of the one-hour meeting, members of Waqf-e-Nau had the opportunity to ask His Holiness a series of questions regarding their faith, life devotion and contemporary issues.

Whilst responding to a question about how a Waqf-e-Nau can better fulfil their pledge of dedicating their lives for the service of Islam, Hazrat Mirza Masroor Ahmad said:

***“Before your birth your parents dedicated your life in the cause of Islam and when you reached the age of 15 you renewed the bond of Waqf-e-Nau. If you keep this in mind, then you will recognise that you are life devotee for the cause of the Ahmadiyya Muslim Community and for that the first and foremost duty of a Waqf-e-Nau is to obey, follow and practice the commandments of Allah the Almighty... You can only maintain the spirit of the Waqf-e-Nau***



*when you realise that you have to follow the commandments and the injunctions given in the Holy Quran by Allah the Almighty.”*



Hazrat Mirza Masroor Ahmad continued:

***“You must offer the five daily prayers and the best way for boys is to offer the five daily prayers in congregation. Pray to Allah fervently in those prayers that He save you from all bad things and enables you to discharge your duties as Waqf-e-Nau and to follow all the commandments of Allah the Almighty. Secondly, you should also recite the Holy Quran daily and not only recite the Holy Quran in Arabic text but also try to know the meaning of it.”***

His Holiness also explained that maintaining a strong relationship with Khilafat of the Ahmadiyya Muslim Community is vital.

Hazrat Mirza Masroor Ahmad said:

***“Always try to strengthen your bond with Khilafat and that can only be done if you are listening to all the addresses, speeches and instructions given to you by the Khalifa of the time. In this way you can strengthen your faith and be a good Waqf-e-Nau.”***

One of the younger Waqf-e-Nau attendees asked why God had sent the coronavirus.

In response, Hazrat Mirza Masroor Ahmad said:

***“Many illnesses come in the world. For example, an outbreak of typhoid occurs from time to time or the flu or some other illness. Sometimes those illnesses which become widespread global pandemics are sent by Allah the Almighty to remind mankind that there is a God and so they may come towards Him and seek forgiveness for their sins and try to save themselves from the illness and do good deeds.”***

One of the attendees mentioned that His Holiness had appointed him to serve as a doctor in a hospital in Liberia being run by the Ahmadiyya Muslim Community. He asked for prayers and the guidance of His Holiness.

Upon this, Hazrat Mirza Masroor Ahmad said:

***“My guidance to you is that you should serve the African people with true sincerity and with a spirit of service. The African people are such that if they are treated well and are looked after then they will be sincerely grateful to you and they will also be happy that the Ahmadiyya Muslim Community is serving them. If you do not behave well and do not show a good example then instead of serving appropriately as a life devotee doctor, you will come to defame our Community. Always remember you are going there for the sake of Allah with a spirit of service for mankind. So therefore you must please God by serving the people.”***



Another doctor appointed to serve as a life devotee in a medical facility being built by the Ahmadiyya Muslim Community in Bangladesh also asked for prayers and guidance.

Hazrat Mirza Masroor Ahmad said:

***“You must work hard and pray. A doctor should always remember that Allah is the one who cures a patient and so that is why whenever you see a patient, do so after having prayed and when you write a prescription, write ‘Huwash-Shafi’ [“God is He who cures’] on top of that***

***prescription... And in your prayers at night pray for those patients whom you have seen that Allah grants health to them and Allah places His cure (shifa) in your hands.”***

Hazrat Mirza Masroor Ahmad further said:

***“Treat each patient with great kindness and special attention. If you do so, then much of the illness of the patient will improve simply by your good bedside manner and the other half will be cured by the medication. If you pray and give medicine then Allah will enable you to successfully treat a maximum number of those patients who come to you and through you, Allah will give them health.”***

A Waqf-e-Nau asked what productive forms of entertainment members of the Waqf-e-Nau scheme should view. His Holiness mentioned that rather than watching TV dramas or films, educational programmes should be viewed instead. Further, His Holiness again highlighted the importance of the five daily prayers and said that the Holy Quran has mentioned that offering the five daily prayers stops a person from indulging in immorality and so one should make all efforts to offer the prayers with due diligence.

His Holiness further advised that rather than playing computer and online games, which make a person lazy and affect their mental health, it was better to adopt outdoor activities and sport and to seek good company for one’s friends.

In response to another question about laziness and how to avoid it, His Holiness stated that children and young adults should seek to work hard and consistently. He advised them to produce a daily time-chart to ensure their hours were spent in a productive and efficient manner and said that each day should start with the worship of God Almighty.

Hazrat Mirza Masroor Ahmad said:

***“How can we get rid of laziness? With determination. Make it a point that you are not going to be lazy. First you should get up early in the morning for Fajr prayer and then recite the Holy Quran. In your prayers, you should pray to Allah The Almighty that He removes your laziness.”***

Hazrat Mirza Masroor Ahmad continued:

***“The foremost thing is personal determination. No other person can help you in this regard. You yourself have to take measures. A doctor can only prescribe medicine. He cannot put the medicine in your mouth forcefully. You have to get your treatment by yourself. Offer five daily prayers on time and pray to Allah the Almighty that He removes your laziness.”***

**END RELEASE**

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