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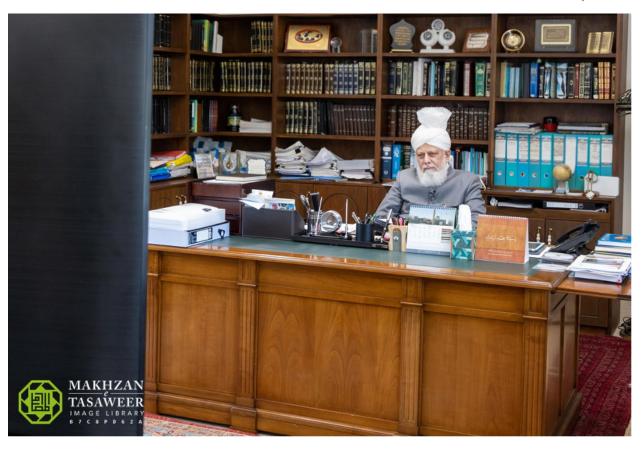
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### **Press Release**

### **SEPTEMBER 2, 2021**



## Members of Majlis Atfal-Ul-Ahmadiyya From Germany Have Honour of A Virtual Meeting With Head of The Ahmadiyya Muslim Community

His Holiness gives guidance on a range of contemporary issues affecting young people in society.

On 28 August 2021, the World Head of the Ahmadiyya Muslim Community, the Fifth Khalifa (Caliph), His Holiness, Hazrat Mirza Masroor Ahmad held a virtual online meeting with members of Majlis Atfal-ul-Ahmadiyya from Germany.

His Holiness presided the virtual meeting from his office in Islamabad, Tilford, whilst more than 1000 Atfal gathered at the Maimarkt Club in Mannheim.

Following a formal session starting with recitation of the Holy Quran, members of Majlis Atfal-ul-Ahmadiyya had the opportunity to ask His Holiness a series of questions regarding their faith and contemporary issues.



As the meeting commenced, His Holiness noted that unlike the Khuddam meeting the week before where everyone was outdoors whilst it started to rain, this time arrangements had been made inside.

Addressing the National President of Majlis Khuddamul Ahmadiyya Germany, Hazrat Mirza Masroor Ahmad said:

"You have sat the boys in the hall today so they do not have to sit outside in the rain like the Khuddam last week. Nonetheless, the Atfal are also Mujahids [those who willingly bear hardships for the sake of Allah]. These days in my Friday Sermons I am narrating incidents relating to the companions of the Holy Prophet Muhammad (peace and blessings be upon him). When they subjected to rain and storms, amongst the companions were 13-14 year-old boys who stayed resolute regardless of the conditions. So, our Atfal are all Mujahids too and you need not worry too much. However, regardless, it is good you have seated them indoors!"

One of the Atfal asked His Holiness how they can know if a difficulty they may be facing is a trial or a punishment from God.

Hazrat Mirza Masroor Ahmad said:

"If you have committed a sin and you fell into a hardship because of that sin then of course you would know it was a punishment. If you have not committed a sin and some hardship comes your way and you have to bear difficulties, then you should consider it to be a trial from Allah the Almighty. Prophets are the most beloved of God and yet they too faced trials and tribulations. They fell sick and endured adversities. The Holy Prophet Muhammad (peace and blessings be upon him) was the most beloved of God and yet he encountered numerous trials and tribulations. There were times when he had no food to eat. In the time of battle, he tied stones to his stomach to lessen his hunger. Who else was more beloved to God than him? Yet he was put through difficulties. His wife, Hazrat Ayesha (ra) states that days went by without having anything to cook at home on the stove. If today, a person has to miss even one meal, they complain about the hardship. Yet, sometimes, when the Holy Prophet (peace and blessings be upon him) would eat, it would be nothing more than bread dipped in some vinegar and he would still be grateful and say that the food is most delicious."

Hazrat Mirza Masroor Ahmad further stated:

"If you think you are not committing sins and are fulfilling the rights of people and those of Allah the Almighty and that you do not quarrel or fight and do not usurp the rights of others, then the hardships you face, are a test from Allah the Almighty. It is His way to see if you can bear the difficulties with patience. When you go through hardships whilst continuing to praise Allah the Almighty and say that you are happy in whatever Allah the Almighty wills, then Allah the Almighty grants rewards and continues to shower his blessings upon you... However, if during your trials you begin to express ingratitude and you complain, then those hardships continue to be prolonged and it is possible that a trial becomes a punishment. Therefore, be grateful in all circumstances. worship Allah the Almighty, fulfil the rights of Allah and as a result Allah the Almighty will reward you and bless you and you will realise that the hardship you went through was not a punishment but a trial."



Another Tifl asked His Holiness what his favourite food was as a child.

Hazrat Mirza Masroor Ahmad replied:

"We never had such demands that we chose our favourite dishes. We had whatever was cooked at home. If it was lentils, we had lentils, if it was meat, we ate that and if it was any other vegetable we had those without complaint. Such demands are common nowadays among you but it was not the case amongst us. Our parents would say, "Here is the food, children, you should eat it and be grateful to Allah the Almighty." So, you should also desist from being too picky."

Another attendee asked His Holiness for advice on how to control his anger.

Hazrat Mirza Masroor Ahmad said:

"When you are angry, drink cold water and you should sit down so that your anger cools and lessens. So, take a seat immediately and have cold water and pray to Allah the Almighty that he may rid you of your anger and this way you will become calm. Start to seek the forgiveness of Allah the Almighty when you are angry."

As the meeting concluded, the president of Majlis Khuddamul Ahmadiyya requested His Holiness to pray that the days come again when His Holiness can visit Germany and they can visit His Holiness in person.

Hazrat Mirza Masroor Ahmad said:

"May Allah bring those days soon. Pray that this happens. Fulfil the rights of Allah the Almighty and of the people. May Allah also enable you all to carry out the right training of the children and the youth so that they tread upon goodness and carry out pious deeds."

## **End Release**

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