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## Press Release

OCTOBER 22, 2021



### ***Atfal Members of Waqf-e-Nau from Canada have Honour of a Virtual Meeting with the Head of the Ahmadiyya Muslim Community***

***His Holiness gives guidance on a range of contemporary issues affecting young people in society***

***On 17 October 2021, the World Head of the Ahmadiyya Muslim Community, the Fifth Khalifa (Caliph), His Holiness, Hazrat Mirza Masroor Ahmad held a virtual online meeting with Atfal members of the Waqf-e-Nau Scheme from Canada.***

*His Holiness presided the meeting from his office in Islamabad, Tilford, whilst over 550 Waqf-e-Nau members joined from the International Centre in Mississauga, Ontario.*



*Following a formal session starting with the recitation of the Holy Quran, the members of Majlis Atfalul Ahmadiyya had the opportunity to ask His Holiness a series of questions regarding their faith and contemporary issues.*

*One of the Waqf-e-Nau asked His Holiness how he can develop kindness in his heart like the Holy Prophet (peace and blessings be upon him).*

*Hazrat Mirza Masroor Ahmad said:*

*“The same feeling of sympathy you have for your siblings, you should have for others. Whatever action the Holy Prophet (peace and blessings be upon him) used to take, or anything he did, it was for the sake of Allah. He had the love of Allah. So, develop the love of Allah in your heart and when you develop the love of Allah in your heart, you will develop the love of Allah’s creation in your heart. Also, develop the love of the Holy Prophet (peace and blessings be upon him) who taught us how to develop the love of Allah. For this, you must read the life history of the Holy Prophet (peace and blessings be upon him). This way you will create love of the Holy Prophet (peace and blessings be upon him) in your heart and resultantly, you will develop the love of human beings and your fellow beings.”*



*Another young man asked for His Holiness' advice on avoiding the evils that he notices in his high school.*



*Hazrat Mirza Masroor Ahmad said:*

*“Keep in mind that you are an Ahmadi Muslim and you believe in One God and believe that Islam is a true religion and we believe that the Holy Quran is the last book of Sharia which was revealed to the Holy Prophet (peace and blessings be upon him). Allah has told us that these are the good things and these are bad things. So, if we know what is bad and what is good, then, if you are a sane person and you have some wisdom, you will try to avoid those things that are bad, which can ultimately destroy your life here in this world and in the Hereafter.”*



***Hazrat Mirza Masroor Ahmad further stated:***

***“Don’t think that if you are committing something wrong, that nobody is seeing you. Remember that Allah the Almighty is always watching over us and He knows each and everything that you do. So, for the sake of attaining the love of Allah, for the sake of following the teachings of Islam and commandments of Allah the Almighty, we have to do those good deeds which have been commanded to us by Allah the Almighty. So in this way, you can avoid the bad things of this society and your fellow students.”***

***Hazrat Mirza Masroor Ahmad continued:***

***“Also, at the same time, if you know your fellow students are doing something wrong, then you should try to express your dislike for that thing. They should know you don’t like it and when they come to know you don’t like bad things, they will try to avoid those bad things before you...Try to choose your friends from among those students who are good in nature, good in studies and are morally good.”***



*Another Waqf-e-Nau member asked His Holiness what the best way is for him to form a connection with His Holiness so that His Holiness may come to know him personally.*

*Giving practical advice, Hazrat Mirza Masroor Ahmad said:*

*“You should write to me frequently and sometimes you can write to me some good joke, some good narration so then I will remember that he is the boy who wrote to me such and such thing.”*

*Another attendee, asked His Holiness what he should do to avoid acting on any bad thoughts that may arise in his mind.*

*Hazrat Mirza Masroor Ahmad said:*

*“Offer Istighfar [prayer for seeking the forgiveness of God] and know its meaning. Seek Allah’s help and pray to Allah also in your prayers that Allah the Almighty saves you from the Satanic attacks. Also, seek Allah’s help that Allah the Almighty saves you from all bad things... Try to read good things, good books whenever any wrong thing comes into your mind. Reciting the prayer to seek the forgiveness of Allah is also good for you.”*

**End Release**

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