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Khuddam From USA Midwest Region Have Honour Of A Meeting With Head Of The Ahmadiyya Muslim Community

“The relationship you should seek to strengthen the most is your relationship with Allah the Almighty.”

– Hazrat Mirza Masroor Ahmad

On 25 October 2025, the World Head of the Ahmadiyya Muslim Community, the Fifth Khalifa (Caliph), His Holiness, Hazrat Mirza Masroor Ahmad held a meeting with a delegation of 25 members of Majlis Khuddam-ul-Ahmadiyya (Ahmadiyya Muslim Youth Association) from the USA's Midwest Region.

His Holiness presided the meeting from MTA Studios in Islamabad, Tilford.

Upon his arrival in the studio, His Holiness greeted the delegation. Each attendee was then invited to introduce themselves and their family backgrounds and inform of their professional or academic pursuits. Thereafter, the members had the opportunity to seek the guidance and counsel of His Holiness on a broad range of matters.

Noting that some members of the Khuddam delegation were Waqf-e-Nau, those who have dedicated their lives to serving their faith, His Holiness offered them guidance and reiterated the importance of being regular in their spiritual endeavours.

Hazrat Mirza Masroor Ahmad stated:

“Waaqifeen-e-Nau must make an effort to offer the five daily prayers, recite the Holy Qur’an and read its translation. Only then can you truly be a Waqf-e-Nau, otherwise you cannot fulfil your pledge.”

One attendee sought guidance from His Holiness regarding why, according to Islamic teachings, the reward for a good deed outweighs the punishment for a bad deed. His Holiness explained that Allah the Almighty has said that He will reward a believer two-fold for his good deeds and that this is a sign of God Almighty’s generosity.

Hazrat Mirza Masroor Ahmad stated:

“Allah the Almighty is merciful. He wants human beings, those who obey Him, to be able to obtain good rewards. This is why He says that ‘if you do good deeds, I will give you double the rewards or even more than that.’ And if you do a bad deed, you will only be punished according to that particular deed. One sin will only be counted as one sin, and one good deed will be counted as double or more than that... Your bad deed will be calculated once, whilst good deeds twice or more – they will nullify your bad deeds. So, that is Allah’s mercy. It shows that Allah is Ever-Merciful. You should be happy that Allah is giving you good rewards... Allah forgives the sins of His servants. We should thank God Almighty for this gesture, obey Him more than before, and discharge our duties we owe to Him.”

Another attendee asked His Holiness how one should respond in the event of witnessing foul play or inappropriate conduct during sports and competitions organised by the Jama’at (Ahmadiyya Muslim Community).

Hazrat Mirza Masroor Ahmad said:

“Those involved should embody the spirit of sportsmanship. Our games are not organised for the purpose of competition, nor to declare a winner or loser. They are not a matter of life or death. Thus, games should be treated with this understanding efforts should be made with regards to Tarbiyyat (moral conduct), involving members of the executive body, the president of the Ahmadiyya Muslim Youth Association, the Secretary of Tarbiyyat, as well as parents – it is everyone’s responsibility to ensure that the moral upbringing of children is such that they are aware of the behaviour they must display at all times, including on the pitch or during games. Occasionally, clashes occur during games, and individuals or their teams may be suspended for a period of one or two years as a form of punishment. However, if there is a concerted effort on the moral training of participants, such incidents can be avoided, and no one would behave in this way.”

Following this, another Khadim asked His Holiness how one can protect oneself and one's children so that the pursuit of education and career does not lead to materialism or divert one from the remembrance of God Almighty.

Hazrat Mirza Masroor Ahmad stated:

“Set your own examples before them (children), offer five daily prayers, pray for yourself and your children as well, [pray that] Allah the Almighty makes you pious and keeps you and your children on the straight path... Apart from that, you have to interact with them. If not daily, at least once a week, the whole family should sit together – and discuss different matters of faith or at least listen to MTA or the Dars (religious lectures). Discuss all these things so that this way they will come to know that their religion and their faith is also something that should be given preference. If they understand that their parents are prioritising their religion and faith over everything, then they will follow their footsteps.”

An attendee subsequently sought advice from His Holiness for newlywed couples who are anticipating the birth of their first child.

Hazrat Mirza Masroor Ahmad stated:

“Whether they are newly-wed or not, the advice remains the same: lead by your own example and take good care of your children. Also, whether your wife is expecting her first, second or third child, you must ensure that you support her during this phase. In earlier times, people used to say that women expecting children should observe a ‘chillah’ (a dedicated period of spiritual devotion and seclusion) for forty days so that they could rest. During this period, their household and husbands would take care of them during this time and ensure that they were able to rest. Thus, if you two are living together without anyone else at home, you should provide help to your wife and adopt a gentle approach. Be humble and kind to them, as well as loving and caring. It is not appropriate to expect your wife to wake up in the middle of the night while you go back to sleep, expecting that you can leave her solely responsible for feeding the child and changing its nappies. You ought to assist around the home so that your wife can be granted the opportunity to take some rest – it is a difficult phase for women.”

Hazrat Mirza Masroor Ahmad continued:

“The Promised Messiah (peace be upon him) wrote, ‘if only you (men) had knowledge of how painful it is to pass through this phase (delivery of a child), you would not have the strength to give birth to even one child.’ Men cannot truly comprehend this. You should also avoid placing any additional difficulty on your wife after birth, lest she suffer some kind of shock or depression. To prevent this, a good relationship between husband and wife is pivotal.”

Towards the end of the meeting, a delegation member spoke of the challenges of managing multiple responsibilities, including work, education, and roles within the Ahmadiyya community, and asked His Holiness for guidance on how best to handle them.

His Holiness advised that, as a young person with strength, potential, and good health, one can manage multiple responsibilities effectively. He encouraged dedicating 2–3 hours daily to studies after work, giving weekends to Khuddam duties, and ensuring 5–6 hours of sleep each night. His Holiness suggested creating a plan or chart and emphasised the importance of consistently following a structured routine that also accommodates prayers and sufficient rest.

Prior to concluding the meeting, His Holiness offered parting guidance on strengthening one's relationship with God Almighty and nurturing a strong bond with Khilafat.

Hazrat Mirza Masroor Ahmad stated:

“The relationship you should seek to strengthen the most is your relationship with Allah the Almighty. You should pray that God Almighty grants you the ability to fulfil His commandments. What does that entail? Offering prayers on time... Wake up early in the morning, strive to regulate your lifestyle, offer the Fajr (morning) prayer and then commence with the rest of your daily activities. In like manner, make an effort to read the Holy Qur’an – read it, seek to understand it, and act upon it. When you do all these things, your bond with the Jama’at (Ahmadiyya Muslim Community) will also increase, because it is the Jama’at which urges you to do these things. Thus, by strengthening your relationship with Allah the Almighty, you will naturally strengthen your relationship with the Jama’at. Similarly, to deepen your bond with Khilafat, you must first strengthen your relationship with God, for the purpose of Khilafat is to guide people in establishing a communion with Allah the Almighty.”

END



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