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Youth From USA's South East Region Travel to the UK to Meet With His Holiness, Hazrat Mirza Masroor Ahmad

“An Ahmadi should be confident, because if we lack confidence, we will not have proper exposure or interaction with others, and then how will tabligh be carried out?” – Hazrat Mirza Masroor Ahmad

On 11 January 2026, the Worldwide Head of the Ahmadiyya Muslim Community, His Holiness Hazrat Mirza Masroor Ahmad, graciously granted an audience to members of Khuddamul Ahmadiyya USA's South West Region, who had travelled specially to meet him. Majlis Khuddamul Ahmadiyya is an auxiliary body within the Community which focuses on the moral development of the male youth aged fifteen to forty.

During the audience, members had the opportunity to introduce themselves and then to seek guidance from His Holiness on a range of spiritual and secular matters affecting their personal lives and their responsibilities as young Ahmadi Muslims

One attendee spoke about the pain and grief of losing two children due to miscarriages, despite both parents being in good health, and asked how they could find hope and strength to try again.

In response, His Holiness Hazrat Mirza Masroor Ahmad acknowledged the depth of their pain and urged them not to lose hope. Praying for them, His Holiness said:

“You are right that the pain is very strong, but you should never give up or lose hope. Pray to Allah the Almighty; He will help you, God willing. Allah the Almighty bless you with a healthy and long-living child.”

Another attendee spoke about the passing of his father and shared that he continues to miss him deeply. The attendee asked His Holiness how he should navigate these feelings of sadness and loss.

In response, His Holiness Hazrat Mirza Masroor Ahmad encouraged the attendee to honour his father by striving to fulfil his wishes, especially those concerning his children, and by following his example in character and behaviour.

Hazrat Mirza Masroor Ahmad said:

“You know his character, you valued his service to the Community, and you know how he treated others. You should strive to fulfil his wishes for his children and follow in his footsteps in terms of character and conduct. In this way, you can find comfort for yourself and bring peace to his soul... Pray for him.”

Another attendee said that, due to shyness, he finds it difficult to socialise and interact with people at school and at the mosque, and asked how he could overcome this challenge.

His Holiness encouraged the attendee to develop confidence and reminded him that an Ahmadi Muslim should strive to be confident, particularly for conveying the message of Islam.

Hazrat Mirza Masroor Ahmad said:

“You should develop confidence. An Ahmadi should be confident, because if we lack confidence, we will not have proper exposure or interaction with others, and then how will tabligh be carried out?... During your prayers, ask Allah the Almighty to remove this weakness from within you and enable you to speak to people with confidence.”

One attendee asked whether a person is judged immediately after death, or whether Allah the Almighty waits until the Day of Judgement.

His Holiness explained that a person begins to experience the consequences of their deeds soon after death.

“It is not the case that after death a person is placed in a waiting room for hundreds of thousands of years until the Day of Judgement... if someone has done good deeds, Allah places them in Paradise, and if someone has done bad deeds, they face punishment.”

His Holiness then explained that the Day of Judgement represents a further stage, during which Allah the Almighty reassesses all souls and determines their final outcome. Those who have already received some reward may be granted a higher status in Paradise, while those who have undergone punishment may be forgiven and admitted into Heaven.

His Holiness explained:

“On the Day of Judgement, Allah will call all souls again and decide. Those who have done good deeds, who have already had some benefit or reward in paradise, they may be given a better reward.”

Hazrat Mirza Masroor Ahmad continued:

“Those who have done bad deeds and are put in hell, if they have completed their punishment, then Allah may forgive them and put them in Heaven... those who have done a lot of bad deeds and require further punishment, Allah will send them to another stage of Hell.”

His Holiness highlighted that the Promised Messiah (peace be upon him) addressed this subject in detail in his treatise ‘*The Philosophy of the Teachings of Islam,*’ and encouraged all those present to read further into this matter.

One attendee asked what brings His Holiness the greatest joy when reading letters sent by children from around the world.

His Holiness explained that he feels happiness knowing that children feel connected to the Community and to Khilafat.

Hazrat Mirza Masroor Ahmad said:

“I feel happy that there are children who are attached to the Jama’at, attached to Khilafat, who respect it, ask for prayers, and believe in Allah the Almighty.”

Thereafter, His Holiness advised parents to remain engaged with their children during their teenage years so that their bond with the Community remains strong.

Advising those present, Hazrat Mirza Masroor Ahmad said:

“Parents should continue having regular and interactive discussions with their children so they remain attached to the Jama’at.”

Another attendee asked, as a parent, which stage of a child’s life he found most challenging, and how he dealt with difficult situations while raising children.

His Holiness said that a strong and trusting relationship between parents and children plays a key role in their upbringing. His Holiness added that when children feel close to their parents and view them as friends, they naturally listen to the parents.

His Holiness said:

“If you have a good relationship with your children, they will follow your instructions... children should feel that their parents are their friends... After the age of fifteen, you should keep a closer eye on your children, and try to be friendly with them, so they remain on the right path.”

Towards the end of the sitting, a young attendee asked how one could protect himself from moral pitfalls that are easy to fall into and remain steadfast in his faith when faced with such challenges.

Hazrat Mirza Masroor Ahmad first advised that regular recitation of the Holy Qur’an, reading the literature of the Ahmadiyya Muslim Community, and listening to the Friday Sermons of His Holiness helps develop a moral clarity and provides guidance on how to avoid harmful influences.

Furthermore, Hazrat Mirza Masroor Ahmad said:

“If you understand what is good and what is bad, then you already know what to avoid... If you are offering your prayers and asking Allah to keep you on the right path, then He will keep you on the right path. This is why in Surah al-Fatihah we always pray: ‘O Allah! Guide us to the right path!’”

His Holiness continued:

“If you are repeatedly reciting this prayer, then Allah will set you on the right path.”

In addition, Hazrat Mirza Masroor Ahmad advised young people to be mindful of their company and friends. He said that distancing oneself from harmful friendships are practical steps in safeguarding one’s faith.

Concluding his response, His Holiness said that Allah has endowed human beings with intellect and the ability to reflect upon what is right and what is wrong. Therefore, we should employ this intellect and ensure that we are following that which is right.

END



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